

SECTION
4.1

Discovery of Love



Introduction Activity (5 Minutes)

Option 1: Easy to Love

What You'll Need: Sticky notes, pens or pencils

PREP: Nothing

STEP 1: Give each kid a sticky note. Ask them to write the name of a family member whom they think is easy to love.

STEP 2: After a few moments, ask the following questions:

- Why do you think that person is easy to love?
- What could you do this week to show that person you love them?
- How do you think that person would respond to your act of love?

STEP 3: Share these key concepts:

- Some people seem easy to love because they are kind and loving. It is natural for us to want to love them in return.
- When people are mean or treat us poorly, it is hard to want to love them.
- God wants us to love others—no matter who they are or how they treat us—like we love ourselves.

STEP 4: Transition into the main lesson by opening in prayer, asking the Holy Spirit to help you and your kids understand the importance that God wants us to discover love.

Notes:

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4.1

Discovery of Love



Introduction Activity (5 Minutes)

Option 2: My Neighbors

What You'll Need: Paper, pens or pencils

PREP: Nothing

STEP 1: Give each kid a sheet of paper and a pen or pencil. Ask them to write the name of at least one of their neighbors or to draw a picture of that person.

STEP 2: Ask the following questions:

- How many of your neighbors do you know by name?
- How well do you know these neighbors?
- When was the last time you spoke to them?

STEP 3: Share these key concepts:

- We often think of a neighbor as someone who lives near us.
- The Bible says that a "neighbor" is any person we have contact with.
- God wants us to discover how to love the people we come into contact with—even those we do not know well, or those who are hard to love.

STEP 4: Transition into the main lesson by opening in prayer, asking the Holy Spirit to help you and your kids understand the importance that God wants us to discover love.

Notes:

SECTION 4.1

Discovery of Love



Main Lesson Activity (10 Minutes)

Option 1: Journey to Love

What You'll Need: Bibles, Journey to Love Handout, copy of printed directions to a restaurant or store

(Leader's Note: Larger clubs may divide into smaller groups to complete the activity.)

PREP: Search online for directions to a restaurant or store near your church. Print out a copy of the map and directions.

STEP 1: Show kids the printed copy of the directions. Explain to kids that maps and directions give us step-by-step instructions on how to get to our destination. Pass out the Journey to Love Handout, one to each kid.

Share these key concepts:

- If you have accepted Jesus as Savior, God wants to transform your life so that you are more like Jesus (Romans 12:2).
- We are on a journey to discover how we can be more like Jesus, and God's Word is our map.

Step 2: Ask a volunteer to read 1 John 4:7-8.

Share these key concepts:

- The first step to becoming like Jesus is discovering God's amazing love.
- God doesn't just love people; God IS love!

Encourage kids to fill in the first direction of their handouts: God is love.

STEP 3: Ask a volunteer to read or quote John 3:16.

Share these key concepts:

- God loves everyone.
- God demonstrated His love in a big way by sending Jesus to die on the cross to pay the punishment for sin (Romans 5:8).

Encourage kids to fill in the second direction of their handout: God loves us.

STEP 4: Read or recite this week's memory verse, Galatians 5:14. Repeat the verse a second time, pausing after each phrase.

Share these concepts:

- God's commands can be summed up into one word: love.
- A "neighbor" is anyone we come into contact with.
- God wants us to love others with the same kind of love as we have for ourselves.

Encourage kids to fill in the last direction of their handouts: We love others.

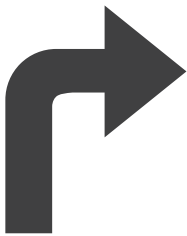
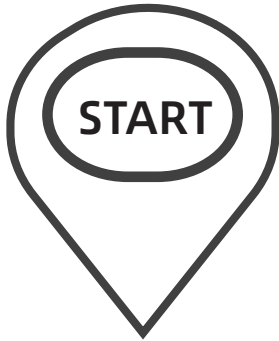
STEP 5: Explain to kids that just as they need to follow the directions on a map step by step, if we are to discover God's love, we need to follow these directions, step by step. Encourage kids to pray silently, asking God to help them recognize God's love and then learn to love others.

STEP 6: Follow up with Lesson Application questions and Sum It Up statements from the Large Group Guide.

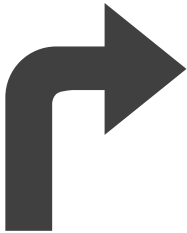
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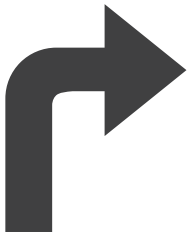
Journey to Love Handout



Step 1: 1 John 4:7-8



Step 2: John 3:16



Step 3: Galatians 5:14

SECTION
4.1

Discovery of Love



Main Lesson Activity (10 Minutes)

Option 2: Discover God's Love

What You'll Need: Bibles, scissors, blank paper, pens or pencils, Discover God's Love Handout, T&T Handbooks

(Leader's Note: Larger clubs may choose to have only a few kids do this at the front of the room while others watch, or have the kids divide into smaller groups to complete the activity.)

PREP: Print out a copy of the Discover God's Love Handout and cut out each heart.

STEP 1: Read or recite this week's memory verse, Galatians 5:14. Repeat the verse a second time, pausing after each phrase.

Share these key concepts:

- God's commands can be summed up into one word: love.
- God wants us to love others with the same kind of love as we have for ourselves.
- The Holy Spirit helps us to love others, even when we don't feel like we love them.

STEP 2: Tell kids that Paul wrote a whole chapter in the Bible that explains what real love looks like. Encourage kids to work in groups of two or three. Ask them to look up 1 Corinthians 13 in their Bibles and turn to Section 4.1 in their handbooks. Give each group one or two hearts and ask them to think of a creative way to present that type of love to the rest of the groups (e.g., they could present a short skit, draw pictures, give a scenario of someone displaying that kind of love).

Ask leaders to walk among the kids, offering help as needed.

STEP 3: After four minutes, ask each group to share their discovery of love.

Share these concepts:

- The first step to becoming like Jesus is discovering God's amazing love.
- God doesn't just love people; God IS love!
- God demonstrated His love by sending Jesus to die on the cross to pay the punishment for sin (Romans 5:8).

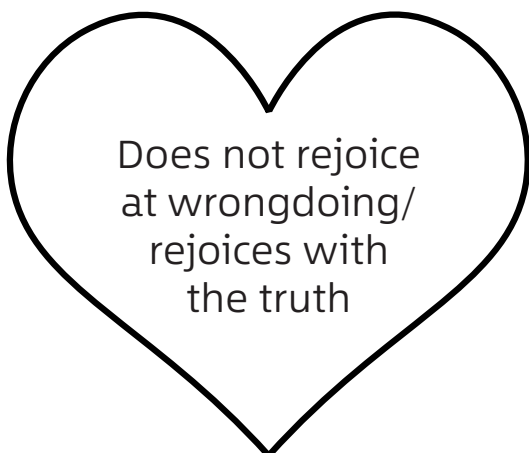
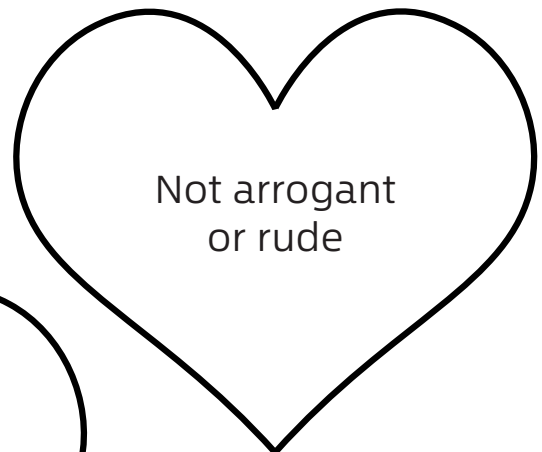
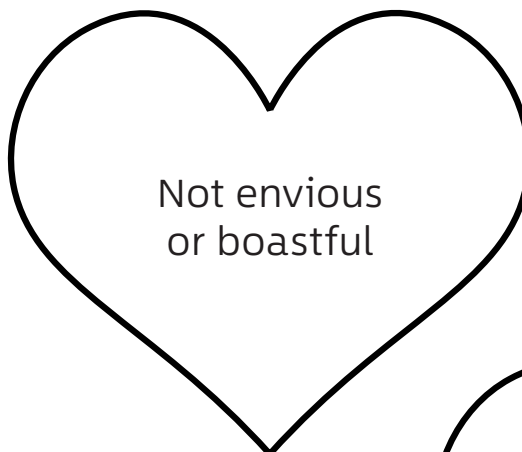
STEP 4: Remind kids that God not only wants us to discover love, He wants us to live it out in our lives and love others—everyone we come into contact with!

STEP 5: Ask kids to think of one person whom they have a hard time loving. Encourage them to think back over the descriptions of love they learned and choose one way in which they will seek to love that person. Challenge them to write their choice and person's name in their handbook or on a piece of paper to keep with them this week.

STEP 6: Follow up with Lesson Application questions and Sum It Up statements from the Large Group Guide.

Notes:

Discover God's Love Handout



SECTION

4.2 | *Discovery of Joy*



Introduction Activity (5 Minutes)

Option 1: Joyous Occasions

What You'll Need: Nothing

PREP: Nothing

STEP 1: Ask kids to think of a time when they were full of joy (e.g., a birthday, family celebration, vacation, the birth of a sibling). Encourage volunteers to share their memories.

STEP 2: After a few moments, ask the following questions:

- What about that memory made you happy?
- How do you feel when you think about that memory now?
- Do you still feel that same happiness today that you felt then? Why or why not?

STEP 3: Share these key concepts:

- We can remember moments in our lives that brought us happiness.
- Feelings of happiness can come and go, because happiness is based on what is going on in our lives.
- Joy is different from happiness that is based on our lives. God wants us to discover true joy that comes from a relationship with Him.

STEP 4: Transition into the main lesson by opening in prayer, asking the Holy Spirit to help you and your kids understand the importance of discovering joy.

Notes:

SECTION

4.2 | *Discovery of Joy*



Introduction Activity (5 Minutes)

Option 2: A Spark of Joy

What You'll Need: Computer and printer or smartphone and tablet

PREP: Search online or in books or magazines for images that spark feelings of happiness (e.g., puppies, baby animals, funny images, yummy desserts).

Optional: Search for a video of animals or babies that sparks feelings of happiness. Be prepared to show it to the kids

STEP 1: Display the images that spark happiness. (Optional: Show the video that sparks feelings of happiness.)

STEP 2: Ask the following questions:

- How do you feel when you look at these pictures (or watch this video)?
- Why do these pictures (or video) make you feel that way?
- Do you feel this way all the time? Why or why not?

STEP 3: Share these key concepts:

- We can all remember moments in our lives that brought us happiness.
- Feelings of happiness can come and go, because happiness is based on what is going on in our lives.
- Joy is different from happiness that is based on our lives. God wants us to discover true joy that comes from a relationship with Him.

STEP 4: Transition into the main lesson by opening in prayer, asking the Holy Spirit to help you and your kids understand the importance of discovering joy.

Notes:

SECTION 4.2 | *Discovery of Joy*



Main Lesson Activity (10 Minutes)

Option 1: Scenes of Joy

What You'll Need: Bibles, paper, pens or pencils, markers or colored pencils

(Leader's Note: Larger clubs may choose to have only a few kids do this at the front of the room while others watch, or have the kids divide into smaller groups to complete the activity.)

STEP 1: Explain to kids that they will work together to create their own comic scenes from Acts 3:1-9. Divide kids into three groups, and give each group several sheets of paper. Place pens or pencils, markers or colored pencils nearby. Have all kids turn to Section 4.2 in their handbooks and Acts 3 in their Bibles. Have leaders help kids find the verses in their Bibles.

Assign each group one of the following sections: Acts 3:1-3, Acts 3:4-6, Acts 3:7-10. Give groups four minutes to work together to create comic-style images of the scenes that take place in their verses.

STEP 2: After four minutes, ask the first group to present their comic scenes from Acts 3:1-3.

Share these key concepts:

- The lame man had little reason to be joyful.
- In Bible times, a man who was lame, or couldn't walk, would not be able to work. He would have been completely dependent on others.
- The gate called Beautiful was a common entrance to the temple, and many people would pass by the gate every day. Asking for alms was his way of begging people for money.

STEP 3: Ask the second group to present their comic scenes from Acts 3:4-6.

Share these key concepts:

- Peter and John were bold witnesses for Jesus Christ. They had the power of the Holy Spirit who lived in them.
- They did not have money to give to the man, but they did have something better: they had the good news of Jesus Christ to share.
- Through the power of the Holy Spirit, they were able to heal the lame man in Jesus' name.

STEP 4: Ask the third group to present their comic scenes from Acts 3:7-10.

Share these key concepts:

- The lame man realized God's love and healing power. He was thankful for what God had done for him.
- His life was changed forever. He would now be able to hold a job and be a part of his society.
- He also had the hope and joy from Jesus Christ that he could share with others.
- The people who saw the healed man were amazed that he had been healed.

STEP 5: Read or recite this week's memory verse, Psalm 16:11. Repeat the verse a second time, pausing after each phrase.

Share these key concepts:

- When we accept Jesus as Savior, we have the promise of abundant life.
- When we study God's Word and draw close to Him, we can be full of joy, even when tough things are going on in our lives.
- When we grow in our relationship with God, we will experience God's blessings of peace and contentment and hope.
- We also have the hope that we get to spend eternity with God in heaven (John 3:16).

STEP 6: Ask kids to think about their own lives. Have they discovered God's joy? Remind them that they can choose joy, no matter what their circumstances are like.

Ask kids to pray silently and ask God to help them know Him better so their lives reflect the joy that comes from Him.

STEP 7: Follow up with Lesson Application questions and Sum It Up statements from the Large Group Guide.

SECTION

4.2 | Discovery of Joy



Main Lesson Activity (10 Minutes)

Option 2: Discovering God's Joy

What You'll Need: Bibles, Directions to Joy Handout, pens or pencils.

(Leader's Note: Larger clubs may divide into smaller groups to complete the activity.)

PREP: Print copies of the Directions to Joy Handout, one copy per kid. Bookmark Bibles to the following references: Psalm 51:10-12, Psalm 5:11, John 15:10-11.

STEP 1: : Read or recite this week's memory verse, Psalm 16:11. Repeat the verse a second time, pausing after each phrase.

Share these key concepts:

- God's Word shows us how we can have eternal life by accepting Jesus as Savior.
- When we accept Jesus as Savior, we have the promise of abundant life.
- When we study God's Word and draw close to Him, we will be full of joy, no matter what may be going on in our lives.
- When we grow in our relationship with God, we will experience God's blessings of peace and contentment and hope.
- We also have the hope that we get to spend eternity with God in heaven (John 3:16).

STEP 2: Explain to kids that God's Word is our map to help us discover how to have joy in our lives. Give each kid a copy of the Directions to Joy Handout and a pen or pencil.

Ask a volunteer to read Psalm 51:10-12.

Share these key concepts:

- If we admit we are sinners and believe that Jesus died and rose again to take the punishment for our sin, we will be saved (Romans 10:9-10).
- Even after we accept Jesus as Savior, we still sin. We are still saved, but our sin keeps us from being close to God, and we do not have God's joy in our lives when we are struggling with sin.
- When we ask God to forgive our sin, He restores His joy in our lives.

STEP 3: : Ask a volunteer to read Psalm 5:11.

Share these key concepts:

- Trusting God means that we know that He is good and that He has a good plan for our lives.
- Even when we are going through hard times, we can know that God will work in those situations to bring about good in our lives and help us grow closer to Him.
- When we trust God, He gives us joy.

Have kids find the Psalm 5:11 location on their handouts and write the word "trust" next to it.

Ask a volunteer to read Psalm 51:10-12.

Share these key concepts:

- If we admit we are sinners and believe that Jesus died and rose again to take the punishment for our sin, we will be saved (Romans 10:9-10).
- Even after we accept Jesus as Savior, we still sin. We are still saved, but our sin keeps us from being close to God, and we do not have God's joy in our lives when we are struggling with sin.
- When we ask God to forgive our sin, He restores His joy in our lives.

Have kids find the Psalm 51:10-12 location on their handouts and write the word "forgiveness" next to it.

STEP 4: Ask a volunteer to read John 15:10-11.

Share these key concepts:

- God's Word gives us instructions on how God wants us to live our lives.
- When we keep His commandments, or instructions, we will grow closer in our relationship with Him, and our lives will be transformed to be more like Jesus.
- We will then discover that our lives are full of His joy.

Have kids find the John 15:10-11 location on their handouts and write the word "obedience" next to it.

STEP 5: Have kids look over their handouts.

(Continued on the next page.)

SECTION 4.2 | *Discovery of Joy*



Main Lesson Activity Continued (10 Minutes)

Ask the following questions:

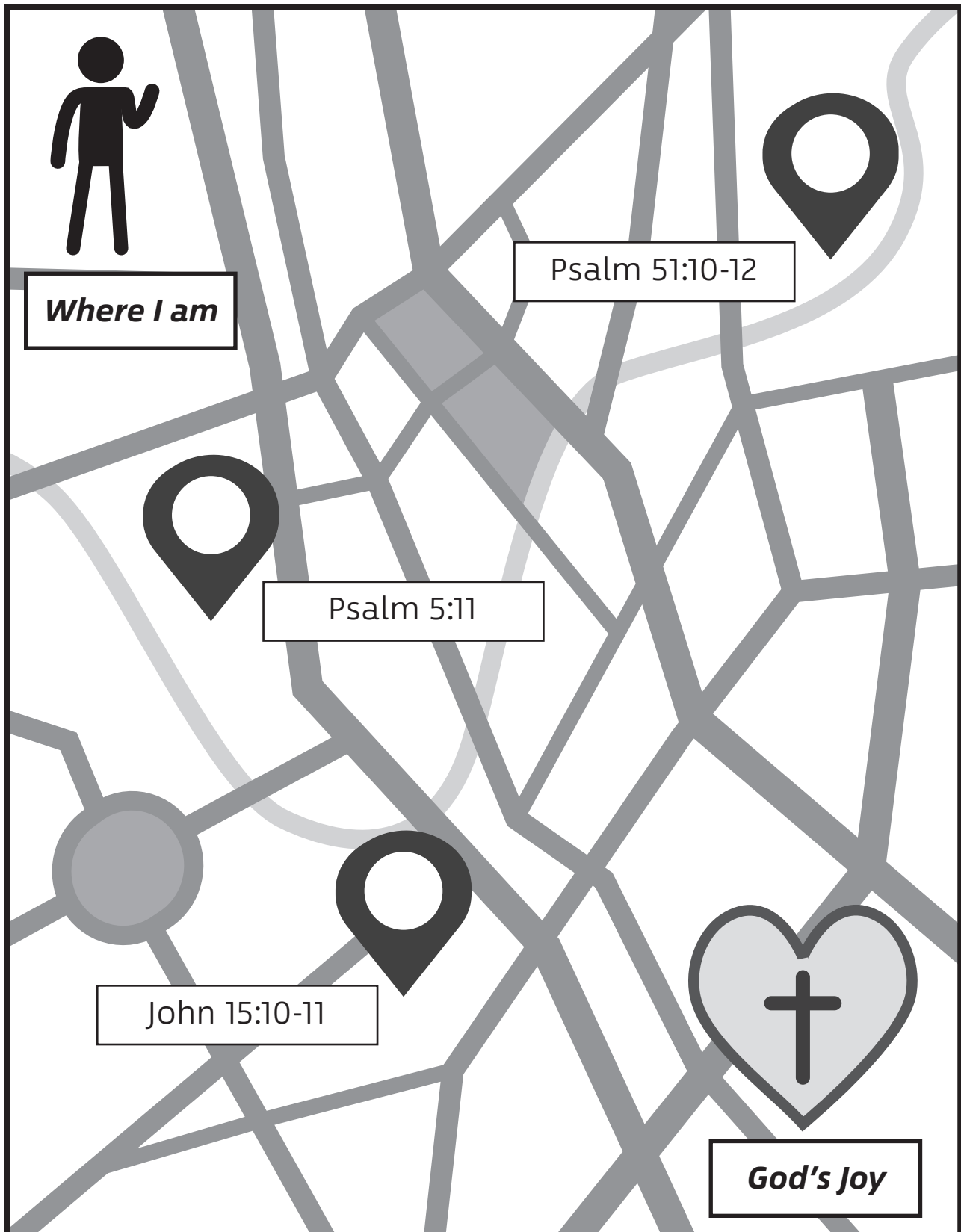
- Where are you on your journey to discover God's joy?
- Do you need to ask God to forgive you for a sin that you are struggling with?
- Do you need to trust God in a struggle you are facing?
- Do you need to obey God's Word better?

Encourage kids to circle the location that best describes where they are on their journey to discovering joy.

STEP 6: Follow up with Lesson Application questions and Sum It Up statements from the Large Group Guide.

Notes:

Directions to Joy Handout



SECTION 4.3

Discovery of Peace and Patience



Introduction Activity (5 Minutes)

Option 1: How Would You Respond?

What You'll Need: Nothing

PREP: Nothing

STEP 1: Read each of the following statements. After each statement is read, ask a volunteer to share how he or she would respond.

You ordered a cheeseburger with ketchup only. It arrives with everything—tomatoes, pickles, onions, mustard, lettuce, and mayo.

You have a lot of homework. Your bus is running late. You have a game at 6:00 p.m.

Your mom and dad are going out, which means your older sister is in charge for the evening.

STEP 2: After several volunteers have answered the questions, ask the following questions:

- How do you feel when you face unexpected obstacles in your life?
- When you are stressed out or you have a lot going on, how does it affect your relationship with your family?
- When life is crazy, how does it affect your relationship with God?

STEP 3: Share these key concepts:

- We will all face obstacles or unexpected events in our lives.
- We have a choice in how we respond when things do not go as planned.
- God wants us to discover His peace and patience to help us during difficult times.

STEP 4: Transition into the main lesson by opening in prayer, asking the Holy Spirit to help you and your kids understand the importance of discovering peace and patience.

Notes:

SECTION 4.3

Discovery of Peace and Patience



Introduction Activity (5 Minutes)

Option 2: Patience and Peace for Every Day

What You'll Need: Bibles, T&T handbooks, Patience and Peace for Every Day Handout, scissors, paper, pens or pencils

(Leader's Note: Larger clubs may divide into smaller groups to complete the activity.)

PREP: Print one copy of the handout. Cut apart each section.

STEP 1: Remind kids that God wants us to discover His patience.

Share these key concepts:

- Patience is the ability to endure delay, trouble, or suffering without complaining.
- God allows us to go through tough times to produce patience in our lives. And that patience builds our character so that we become more like Christ, which offers us hope (Romans 5:3-5).
- As we learn to respond to life's frustrations with patience, we will then discover God's peace.

STEP 2: Have kids work in groups of two or three. Give each group one or two scenarios. Ask a volunteer in each group to read aloud their scenario. Have groups work together to determine how a kid their age could respond to the scenario with patience.

After one minute, have each group share their scenario and response.

STEP 3: Explain to kids that once we develop patience, we can discover God's peace.

Share these key concepts:

- We discover God's peace when we trust God in hard situations. God is trustworthy and faithful. He has a good plan for us, and He will work out even the bad times in our lives for our good (Romans 8:28).
- When we pray about the struggles we face, we are able to focus on God and His goodness instead of our problems. As we do so, God's peace guards our hearts (Philippians 4:6).

- Right thinking keeps our minds from dwelling on our problems.
- We choose what we think about, and God wants us to think about the truth that we find in His Word. (Philippians 4:8).
- The more we know God's Word, the more we will discover God's perfect peace.

STEP 4: Have the groups read through their scenarios again and discuss how a kid their age could discover God's peace in that situation.

After two minutes, encourage kids to share their answers.

STEP 5: Read or recite this week's memory verse, 2 Thessalonians 3:16. Repeat the verse a second time, pausing after each phrase.

Share these concepts:

- God is the God of peace.
- If we are to have His peace, we need to first have a relationship with Him by accepting Jesus as Savior.
- God is always with us (Isaiah 41:10). His peace is available to us all the time.

STEP 6: Remind kids that when they choose to focus on God and the truths of the Bible, they will discover patience and peace. Ask kids to look over Section 4.3 in their handbooks and to think about an area in their lives in which they need more peace or patience. Encourage kids to pray silently, asking God to help them discover His patience and peace.

STEP 7: Follow up with Lesson Application questions and Sum It Up statements from the Large Group Guide.



Patience and Peace for Every Day Handout

Your little brother is having a meltdown because He can't get past the next level in a game that you think is easy.

Your grandpa is in the hospital and has to have a big surgery.

Your dad got a new job in a different city and you might have to move.

You have been waiting in the doctor's office for over an hour.

SECTION 4.3

Discovery of Peace and Patience



Main Lesson Activity (10 Minutes)

Option 1: Unusual Phobias

What You'll Need: Easel, whiteboard or poster board, markers, sticky notes, pens or pencils

PREP: Write the following phobias on the board:

Iatrophobia.

Aerophobia

Entomophobia

Nyctophobia

Arachibutyrophobia

STEP 1: Direct kids' attention to the phobias on the board. Explain that a "phobia" is a specific type of fear that some people have. Give each kid several sticky notes and a pen or pencil. Ask them to try to guess what one or two of the phobias are. After kids have written their guesses, have them stick them next to the phobia.

Read several of their guesses aloud, then give them the correct answers listed below.

Iatrophobia — Fear of doctors

Aerophobia — Fear of flying

Entomophobia — Fear of insects

Nyctophobia — Fear of darkness

Arachibutyrophobia — Fear of Peanut butter sticking to the roof of your mouth

STEP 2: Ask the following questions:

- What are some common fears people might have?
- How might kids your age respond when they are afraid of something?
- What could a person do to overcome a certain fear?

STEP 3: Share these key concepts:

- We all experience worry and fear in our lives.
- We have a choice in how we respond when we are afraid or when things do not go as planned.

- Worry and fear are the opposite of patience and peace. God wants us to discover His peace and patience to help us during difficult times.

STEP 4: Transition into the main lesson by opening in prayer, asking the Holy Spirit to help you and your kids understand the importance of discovering peace and patience.

Notes:

SECTION 4.3

Discovery of Peace and Patience



Main Lesson Activity (10 Minutes)

Option 2: Discovering Patience and Peace

What You'll Need: Bibles, easels, whiteboard or pad of paper, markers, paper, pens or pencils, large sticky notes

(Leader's Note: Larger clubs may divide into smaller groups to complete the activity.)

PREP: Set up an easel in the front of the room and place the whiteboard or paper on it. Write on one side, "Peace is" Write on the other side, "Peace is not"

Bookmark Bibles to the following references: Psalm 37:7, Philippians 4:6-7, John 14:27.

STEP 1: Divide kids into three groups and assign a leader to each group. Give each group a bookmarked Bible, two sticky notes, and a pen or a pencil. Encourage each group to study their verses and Section 4.3 in their handbooks and then write a short phrase on each sticky note that identifies what peace is and what peace is not, based on this verse. When groups are finished, have them place their sticky notes under the correct column.

STEP 2: Ask a volunteer from the group who studied Psalm 37:7 to read the verse and reveal their sticky notes on the whiteboard or paper.

Share these key concepts:

- Patience is being still before the Lord. That means that we will patiently trust that He has a plan for our lives, and that He is working out everything—all the good and the bad things—in our lives for our good (Philippians 1:6, Romans 8:28).
- Patience is not focusing on or being jealous of someone whose life seems to be going great.

STEP 3: Ask a volunteer from the group who studied Philippians 4:6-7 to read the verses and reveal their sticky notes on the whiteboard or paper.

Share these key concepts:

- Patience is not being anxious about anything.
- Patience is praying about everything and remembering to thank God.

- When we choose to pray instead of worry about our problems, God's peace will guard our hearts and our minds, no matter what is going on in our lives.

STEP 4: Ask a volunteer from the group who studied John 14:27 to read this verse and reveal their sticky notes on the whiteboard or paper.

Share these key concepts:

- Peace is not choosing to worry or fear.
- Peace is knowing that God is with us and that He gives us His peace.

STEP 5: Read or recite this week's memory verse, 2 Thessalonians 3:16. Repeat the verse a second time, pausing after each phrase.

Share these key concepts:

- God Himself is the God of peace.
- If we are to have His peace, we need to first have a relationship with Him by accepting Jesus as Savior.
- God is always with us (Isaiah 41:10). His peace is available to us all the time.

STEP 6: Remind kids that when they choose to focus on God and the truths of the Bible, they will discover patience and peace. Ask kids to look over Section 4.3 in their handbooks and to think about an area in their life in which they need more peace or patience. Encourage kids to pray silently, asking God to help them discover His patience and peace.

STEP 7: Follow up with Lesson Application questions and Sum It Up statements from the Large Group Guide.

SECTION
4.4

Discovery of Kindness and Goodness



Introduction Activity (5 Minutes)

Option 1: Random Act of Kindness

What You'll Need: Video, smartphone or tablet
(Optional: Computer and projector)

PREP: Search online for act of kindness videos.
Prepare to show one or two in class on your smartphone or tablet.

Optional: Show the video on your computer or projector.

STEP 1: Display the videos for the kids.

STEP 2: After a few moments, ask the following questions:

- How did that person display kindness in this video?
- How did the other person in the video respond to the kindness?
- How would you feel if someone was kind to you?

STEP 3: Share these key concepts:

- Showing kindness to someone else requires someone going out of their way for someone else.
- A person who does something kind for someone else shows they love others and put other people's needs in front of their own.
- God created us to do good works. We do good works for God when we are kind and good to others.

STEP 4: Transition into the main lesson by opening in prayer, asking the Holy Spirit to help you and your kids understand the importance of discovering kindness and goodness.

Notes:

SECTION
4.4

Discovery of Kindness and Goodness



Introduction Activity (5 Minutes)

Option 2: A Kind Act

What You'll Need: volunteer

PREP: Ask a leader or a person from your church to share a time when someone showed them kindness.

STEP 1: Introduce the speaker to the kids. Ask the speaker to share a time when someone showed them kindness.

STEP 2: Ask the following questions:

- How would you feel if someone displayed kindness like that to you?
- When did someone show kindness to you?
- When someone is kind to you, how does that make you want to treat others?

STEP 3: Share these key concepts:

- Showing kindness to someone else requires someone going out of their way for someone else.
- A person who does something kind for someone else shows they love others and put the other person's need in front of their own.
- God created us to do good works. We do good works for God when we are kind and good to others.

STEP 4: Transition into the main lesson by opening in prayer, asking the Holy Spirit to help you and your kids understand the importance of discovering kindness and goodness.

Notes:

SECTION 4.4

Discovery of Kindness and Goodness



Main Lesson Activity (10 Minutes)

Option 1: Examples of Kindness

What You'll Need: Bibles, T&T handbooks, sticky notes, pens or pencils, whiteboard or poster

(Leader's Note: Larger clubs may divide into smaller groups to complete the activity.)

PREP: Write each of the following names and references on a separate sticky note: Jonathan (1 Samuel 18:1-4, 1 Samuel 20, 1 Samuel 23:16); the Good Samaritan (Luke 10:30-35); and Faithful Friends (Mark 2:2-12).

Ask three leaders to each be prepared to summarize examples of kindness and goodness from the Bible. Make three copies of this activity and give a copy to each of the three leaders. Assign one of the examples of kindness to each leader.

STEP 1: Write on the whiteboard, "A person who shows kindness will" Take the first three responses and write them on the whiteboard.

Share these key concepts:

- There are many different ways to show kindness and goodness to someone else.
- The Bible gives examples of people who showed kindness to others.

STEP 2: Read or recite this week's memory verse, Ephesians 2:10. Repeat the verse a second time, pausing after each phrase.

Share these key concepts:

- We are God's created masterpiece.
- God created us to do good works. Some of those works are to be kind and to do good.
- God has a plan to work in us and through us. When we study His Word and seek to glorify Him, we will discover the good works that God wants us to do.

STEP 3: Divide kids into three groups and assign the prepared leaders to the appropriate group. Give each group a sticky note with their example of kindness, and ask the leader in each group to summarize their example.

Jonathan:

- Jonathan showed David kindness by helping David escape from Saul.
- Jonathan willingly gave up his right to be the future king because he realized that David was God's choice to be king.
- Later in life, when David was discouraged, Jonathan risked his own life to visit with David. His words offered David encouragement and hope.

The Good Samaritan:

- The Good Samaritan was a story that Jesus told to show a truth.
- Samaritans and Jews were known to not like each other.
- A Jewish man was beaten, robbed, and left for dead.
- Two religious people passed by him without helping.
- The Samaritan, a person the Jewish man would have considered to be an enemy, was the one who stopped to help. The Samaritan cared for the injured man, took him to shelter, and paid for someone to care for him until he was well.

The Faithful Friends:

- Four men wanted Jesus to heal their friend who couldn't walk. They decided to take the friend to the house where Jesus was teaching.
- The place was packed. There was no way to get the injured man inside to speak to Jesus.
- The friends carefully carried the lame man to the top of the building, tore an opening in the roof, and then lowered the lame man through the roof so that Jesus could heal him.
- Because of the friends' kindness, Jesus forgave the man's sins and healed him.

STEP 4: Share these key concepts:

- Being kind and doing good is sometimes hard, and it takes effort and sacrifice on our part.

(Continued on the next page.)

SECTION
4.4

Discovery of Kindness and Goodness



Main Lesson Activity Continued (10 Minutes)

- To be truly kind and good, we need to love God with our heart, soul, mind, and strength. We are also to love others as ourselves. Practicing kindness and goodness only happens when we have this kind of love (Luke 10:27).
- As we study God's Word and choose to follow God's plan for us, we will begin to see opportunities in our lives to show kindness and goodness (Galatians 6:10).

STEP 5: Ask kids to think of someone in their lives to whom they need to show kindness or goodness. Encourage them to write the name of that person next to their memory verse in Section 4.4 in their handbook.

Challenge the kids to ask God for an opportunity to show that person kindness or goodness this week.

STEP 6: Follow up with Lesson Application questions and Sum It Up statements from the Large Group Guide.

Notes:

SECTION 4.4

Discovery of Kindness and Goodness



Main Lesson Activity (10 Minutes)

Option 2: Kindness on Display

What You'll Need: Bibles, sticky notes, gift bags, small gift items stationery and envelopes, or blank greeting card, pens or pencils

(Leader's Note: Larger clubs may divide into smaller groups to complete the activity.)

PREP: Choose four or five elderly people from the church or other individuals who are sick or in the hospital. Write each of their names on a sticky note.

Purchase a gift bag for each person you chose, along with small items to place in the gift bags (e.g., wrapped candy, chapstick, personal tissue packets). Purchase stationery and envelopes or blank greeting cards, one for each individual.

STEP 1: Remind kids that God wants them to discover kindness and goodness.

Share these key concepts:

- We are God's workmanship. He created us to do good works that bring Him glory (Ephesians 2:10). God is at work in us and through us to do these good works (Philippians 2:13).
- We are to love God with our heart, soul, mind, and strength. We are also to love others as ourselves. Practicing kindness and goodness only happens when we have this kind of love (Luke 10:27).
- God's Word gives us examples of people who showed kindness and goodness to others: Jonathan (1 Samuel 18:1-4, 1 Samuel 20, 1 Samuel 23:16); the Good Samaritan (Luke 10:30-35); and faithful friends of a lame man (Mark 2:2-12).

STEP 2: Read or recite this week's memory verse, Ephesians 2:10. Repeat the verse a second time, pausing after each phrase.

Share these key concepts:

- We are God's created masterpiece.
- God created us to do good works. Some of those works are to be kind and to do good.
- God has a plan to work in us and through us. When we study His Word and seek to glorify Him, we will discover the good works that God wants us to do.

STEP 3: Explain to kids that they are going to practice showing kindness and doing good to others. Divide kids into groups of two or three. Give each group a prepared sticky note, a pen or a pencil, stationery or card, a gift bag, and some of the purchased gift items.

Ask each group to prepare a gift bag for the person who is listed on their sticky note. Briefly explain to each group the situation of their person (e.g., their person is in the hospital, sick, in a nursing home).

Ask each group to write a note in the card or on the stationery, and then sign the card or letter.

STEP 4: After groups have finished, share these key concepts:

- Being kind and doing good is sometimes hard, and it takes effort and sacrifice on our part. But God will give us the strength to choose to be kind and to do good.
- As we study God's Word and choose to follow God's plan for us, we will begin to see opportunities in our lives to show kindness and goodness (Galatians 6:10).

STEP 5: Follow up with Lesson Application questions and Sum It Up statements from the Large Group Guide.

Notes:

SECTION
4.5

Discovery of Faithfulness



Introduction Activity (5 Minutes)

Option 1: Following Directions

What You'll Need: Following Directions Handout, pens or pencils

PREP: Print copies of the Following Directions Handout. Make one copy for each kid.

STEP 1: Pass out a copy of the Following Directions Handout to each kid FACEDOWN. Give each kid a pen or a pencil. Announce to kids that they have two minutes to complete the page. Tell them that those who complete the activity correctly will be named the coolest kids in the room.

STEP 2: Observe the kids as they complete the activity. After they are finished, recognize those who followed the directions thoroughly.

Ask the following questions:

- Who followed the directions completely?
- Why are following directions necessary?
- Why do some people have a hard time following directions?

STEP 3: Share these key concepts:

- We are on a journey to a life filled with God's grace, and God is our leader.
- The Bible gives us directions on how He wants us to live our lives.
- Each of us has to choose to faithfully follow God's directions in the Bible so we know how God wants us to live.

STEP 4: Transition into the main lesson by opening in prayer, asking the Holy Spirit to help you and your kids understand the importance that God wants us to be faithful.

Notes:

Following Directions Handout



Directions: Read all the questions and then complete the assignment.

1. Write your name at the top of this page.
2. Underline all the capital letters on this sheet.
3. Stand up, turn around twice.
4. Sit down and clap your hands three times.
5. Find a person in the room who likes chicken nuggets instead of hamburgers. Write his or her name here: _____.
6. Find a leader who drinks coffee every day. Write his or her name here: _____.
7. Draw a heart on someone else's sheet.
8. Wave your hands in the air for 10 seconds.
9. Give someone a fist bump.
10. Complete only the first question. When you are done, turn your paper in and sit quietly.

SECTION
4.5

Discovery of Faithfulness



Introduction Activity (5 Minutes)

Option 2: Blindfold Faith

What You'll Need: Blindfold, ice cream and toppings, scoop, towel, plastic bowls, plastic silverware, napkins, table, chair, plastic tablecloth

PREP: Place a table and chair in front of the classroom. Put the ice cream, toppings, plastic tableware, napkins, and the towel nearby.

STEP 1: Ask for three volunteers. Blindfold one volunteer and spin him or her around twice. Assign the second volunteer to be the leader and give instructions, but he or she cannot use his or her hands. Ask the third volunteer to sit in the chair and drape the towel over his or her lap. He or she cannot use his or her hands. Instruct the three volunteers to follow directions and work together to make an ice cream sundae and feed it to the person sitting in the chair.

STEP 2: After two minutes, ask the following questions:

- What challenges did each volunteer face?
- What did (blindfolded kid's name) have to do in order to successfully fulfill the activity?
- Why is it important to have a leader who gives clear instructions for you to follow?

STEP 3: Share these key concepts:

- We are on a journey to a life filled with God's grace, and God is our leader.
- We may not be able to see what is ahead of us, and sometimes things seem weird, but the Bible gives us directions on how He wants us to live our lives.
- Each of us has to choose to faithfully follow God's directions in the Bible so we know how God wants us to live.

STEP 4: Transition into the main lesson by opening in prayer, asking the Holy Spirit to help you and your kids understand the importance that God wants us to be faithful.

Notes:

SECTION 4.5

Discovery of Faithfulness



Main Lesson Activity (10 Minutes)

Option 1: A Faithful King

What You'll Need: Bibles, T&T handbooks, paper, pens or pencils, 3x5 cards

(Leader's Note: Larger clubs may divide into smaller groups to complete the activity.)

PREP: Ask four leaders to read through 2 Chronicles 34 to be familiar with the story of Josiah.

Write each of the following phrases and references on a 3x5 card:

Follow God's commands (2 Chronicles 34:3-4)

Trust God (2 Chronicles 34:1-2)

Study God's Word (2 Chronicles 34:14, 21)

Choose to be faithful (2 Chronicles 34:31-33)

STEP 1: Remind kids that God wants us to be faithful.

Share these key concepts:

- The first step in discovering faithfulness is to have a relationship with Him. If we have accepted Jesus as Savior, we need to obey His commands in His Word (Deuteronomy 11:1).
- God gave us His Word, the Bible, to teach us everything we need to have a relationship with Him and to grow to be more like Him. It is our responsibility to read and study God's Word so we can know God more (2 Timothy 2:15).
- God has a plan for each of us, and He will be faithful to complete His plan for us (Philippians 1:6). We can trust that God will do what is best for us and will work out even the bad things that happen for our good (Romans 8:28).
- Being faithful is a daily choice between following God or doing what we want to do. The more we get to know Him, the easier it will be to follow Him (Psalm 119:105).

STEP 2: Divide kids into four groups and assign one of the four leaders to each group. Give each group a 3x5 card, and ask leaders to give a summary of King Josiah from 2 Chronicles 34.

Then encourage the groups to study their verses and determine how Josiah followed God's commands,

trusted God, studied God's Word, and chose to be faithful. Give each kid a sheet of paper and a pen or a pencil. Encourage them to take notes or to draw pictures about Josiah's faithfulness.

After five minutes, have groups share their findings

STEP 3 : Share these key concepts:

- Josiah became king when he was eight years old. He was determined to trust God like King David, one of his ancestors (2 Chronicles 34:1-2).
- God had commanded His people to not worship any other gods (Exodus 20:3). Josiah followed God's commands and tore down the idols that the people in his country had been worshipping (2 Chronicles 34:3-4).
- When Josiah's men cleaned the temple so the people could worship God, they discovered parts of the Bible. Josiah studied them and realized that the people needed to know God's Word. He read God's Word out loud to them (2 Chronicles 34:14-30).
- King Josiah stood in front of his people and promised to faithfully follow God (2 Chronicles 34:31-33).

STEP 4: Read or recite this week's memory verse, Colossians 1:10. Repeat the verse a second time, pausing after each phrase.

Share these key concepts:

- The Bible gives us everything we need to live a life that pleases God.
- Our goal should be to live our lives in a way that brings glory to God.
- We please God when we seek to bring glory to Him.
- When we are faithful to follow these steps, we will discover the right kind of attitude and we will do good works because we are growing in our knowledge and relationship with God.

STEP 5: Remind kids that God wants them to discover how to be faithful to Him, just like King Josiah.

STEP 6 : Follow up with Lesson Application questions and Sum It Up statements from the Large Group Guide.

SECTION 4.5

Discovery of Faithfulness



Main Lesson Activity (10 Minutes)

Option 2: Being Faithful in My Life

What You'll Need: Bibles, Being Faithful in My Life Handout, easel, whiteboard or pad of paper, markers, pens or pencils

(Leader's Note: Larger clubs may divide into smaller groups to complete the activity.)

PREP: Print copies of the Being Faithful in My Life Handout, one copy per kid. Set up an easel in the front of the room and place whiteboard or pad of paper on the easel. Place markers nearby.

STEP 1: Give each kid a copy of the handout and a pen or a pencil. Remind kids that each of them have different roles, or areas in our lives, in which they have responsibilities. Encourage them to brainstorm their roles, and write their responses on the board (e.g., child of God, son or daughter, musician, athlete, student, boy scout).

Encourage kids to write their roles ub the ovals on their handout.

STEP 2: Read or recite this week's memory verse, Colossians 1:10. Repeat the verse a second time, pausing after each phrase.

Share these key concepts:

- The Bible gives us everything we need to live a life that pleases God.
- Our goal should be to live our lives in a way that brings glory to God.
- We please God when we seek to bring glory to Him.
- When we are faithful to follow these steps, we will discover the right kind of attitude and we will do good works because we are growing in our knowledge and relationship with God.

STEP 3: Share these key concepts:

- God gave us His Word, the Bible, to teach us everything we need to have a relationship with God and to grow to be more like Him. It is our responsibility to read and study God's Word so we can know God more (2 Timothy 2:15).
- God has a plan for each of us, and He will be faithful to complete His plan for us (Philippians 1:6). We can trust that God will do what is best for us and will

work out even the bad things that happen for our good (Romans 8:28).

- Being faithful is a daily choice between following God or doing what we want to do. The more we get to know Him, the easier it will be to follow Him (Psalm 119:105).
- Remind kids that God gave us examples of people in the Bible who were faithful to God in their roles.

STEP 4: Ask kids to write under each of their roles specific ways in which they can faithfully follow God in that role. Ask leaders to walk around the room, offering help as needed.

When kids have finished, ask them to draw lines to connect any ideas that match.

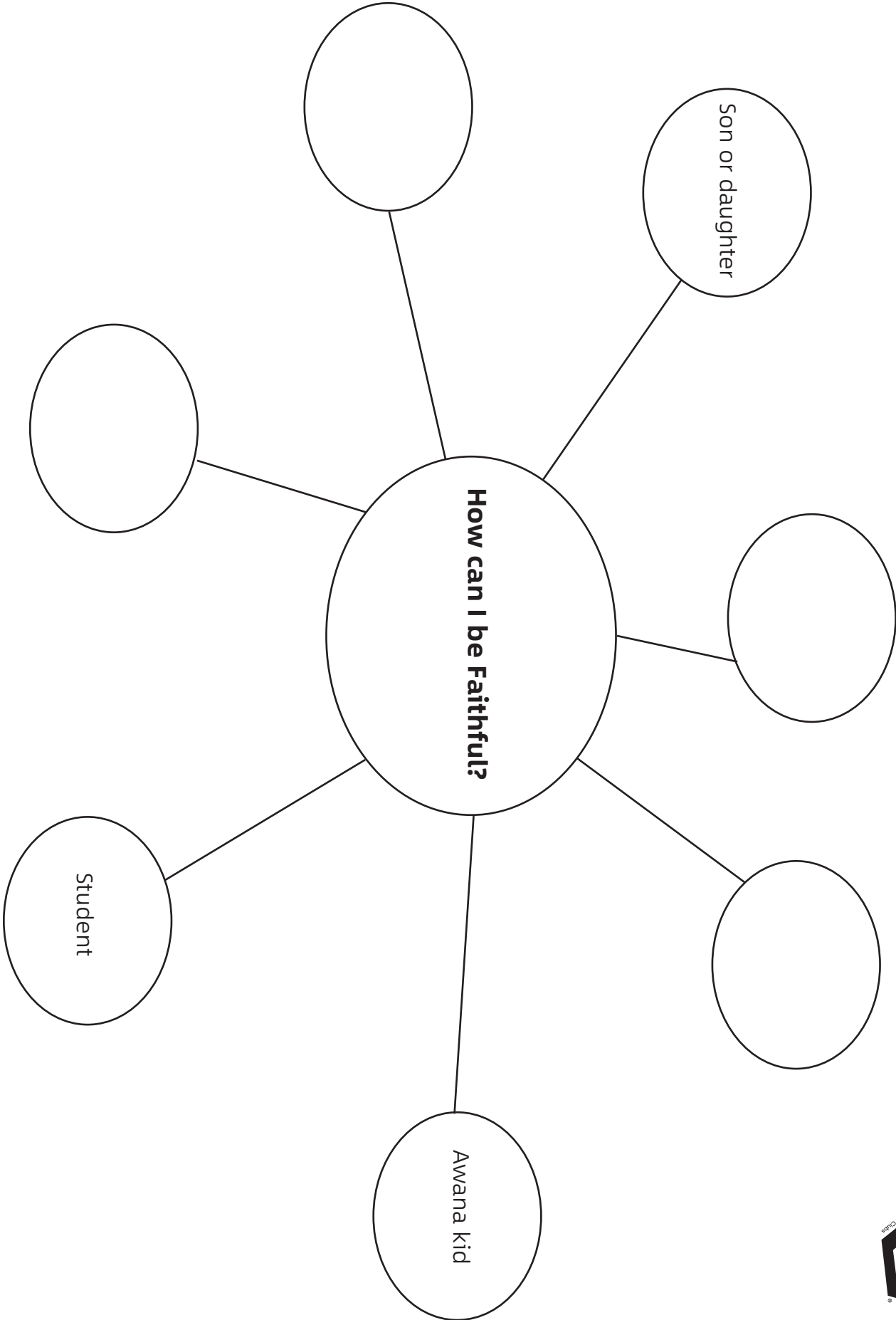
STEP 5: Share these key concepts:

- God has given you many different opportunities to faithfully follow God in your life.
- Being faithful to God is a daily choice we must make.
- Being faithful to God does not just happen when you are at church or at Awana. God wants you to faithfully follow Him in everything you do.

STEP 6: Have kids look over their handouts again. Encourage them to circle one area in which they need to work on faithfully following God.

STEP 7: Follow up with Lesson Application questions and Sum It Up statements from the Large Group Guide.

Being Faithful in My Life Handout



NAME: _____

SECTION 4.6

Discovery of Gentleness and Self-Control



Introduction Activity (5 Minutes)

Option 1: Gentle Guest

What You'll Need: Photos of infant or pet
(Optional: Guest speaker with a baby or pet)

PREP: Find pictures online of an infant or baby animal.

Optional: Ask a parent of a young infant or an owner of a new puppy to visit your club and be ready to share the importance of being gentle and having self-control when caring for a baby or pet.

STEP 1: Explain that sometimes we need to be extra gentle. Show pictures of the infant or baby animal and ask kids to share what they know about how to treat them.

Optional: Introduce your guests and ask them to share the importance of gentleness in their role as a parent or a pet owner. Give kids the opportunity to ask your guests questions about the care of their baby or pet.

STEP 2: After a few moments, ask the following questions:

- Why is gentleness important when working with small children or animals?
- When are other times in our lives when we need to be gentle?
- How do you feel when you are gentle with someone or something?

STEP 3: Share these key concepts:

- Gentleness is strength under control. Having a gentle attitude allows us to treat others with kindness and love.
- Self-control is restraining sinful passions and desires. We practice self-control when we are willing to put aside our own desires and put God's desires or another person's needs before our own.
- God's Word teaches us how to have gentleness and self-control.

STEP 4: Transition into the main lesson by opening in prayer, asking the Holy Spirit to help you and your kids understand the importance of discovering gentleness and self-control.

Notes:

SECTION 4.6

Discovery of Gentleness and Self-Control



Introduction Activity (5 Minutes)

Option 2: What Would You Do?

What You'll Need: Nothing

PREP: Nothing

STEP 1: Give kids the following scenario:

Imagine you have not eaten in five days. Someone puts your favorite food in front of you, but he or she tells you that if you can sit in front of the delicious food for four hours without touching it, you can have anything you want for every meal for the rest of the week. But if you eat it right away, it's the only meal that you get to eat for the next five days!

Ask, "What would you do?" Allow several kids to respond.

STEP 2: Ask the following questions:

- Why would it be difficult to wait to eat for four hours?
- What would be the benefits of waiting to eat?
- How would you feel if you chose to wait to eat and had to sit there for four hours?

STEP 3: Share these key concepts:

- It is easy to become impatient and pursue something that sounds good in the present instead of waiting for something better in the future.
- Practicing self-control is never easy. It often requires us to let go of something that seems good to us and wait for something better.
- God's Word teaches us how to have gentleness and self-control.

STEP 4: Transition into the main lesson by opening in prayer, asking the Holy Spirit to help you and your kids understand the importance of discovering gentleness and self-control.

Notes:

SECTION 4.6

Discovery of Gentleness and Self-Control



Main Lesson Activity (10 Minutes)

Option 1: Proverbs for Gentleness and Self-Control

What You'll Need: Bibles, Proverbs for Gentleness and Self-Control Handout, pens or pencils

(Leader's Note: Larger clubs may divide into smaller groups to complete the activity.)

PREP: Print copies of the Proverbs for Gentleness and Self-Control Handout, one copy per kid. Bookmark Bibles to the following references: Proverbs 25:28, Proverbs 29:11, Proverbs 16:32, Proverbs 17:14, Proverbs 15:1.

STEP 1: Ask, "When might a kid your age lose their temper?"

STEP 2: Share these key concepts:

- Many of us might struggle with losing our temper. It shows a lack of gentleness or self-control when we lose it our temper.
- It is easy for us to lose our temper when we become frustrated or when things do not go our way.

STEP 3: Read or recite this week's memory verse, 1 Timothy 6:11. Repeat the verse a second time, pausing after each phrase.

Share these key concepts:

- We need to flee things that would tempt us to sin.
- We should pursue righteousness or godliness so that we become more like Jesus.
- We should pursue faith and steadfastness so that we grow deeper in our relationship with God and hold firmly to what we believe.
- We should pursue love so that we can love God with all of who we are and can love others above ourselves.
- We should pursue gentleness so that we can treat others as they lovingly deserve to be treated.

STEP 4: Explain that God's Word shows us the importance of discovering gentleness and self-control in our lives. Give each kid a copy of the handout and a pen or a pencil. Have kids work in pairs or groups, and assign each pair or group one of the Proverbs on the handout. Encourage pairs or groups to study their Proverb together and then draw or write a situation in which they could use this verse in their lives.

STEP 5: After four minutes, have a volunteer from each pair or group read their proverb and share what he or she wrote or drew.

Share these key concepts:

- God wants us to pursue righteousness, godliness, faith, love, steadfastness, and gentleness (1 Timothy 6:11).
- A gentle person does not allow people to treat him or her poorly; instead, that person chooses a humble and gentle attitude that does not seek revenge when treated poorly (Matthew 5:43-44).
- Having self-control means denying what our sinful nature may want to do. Instead, we choose to put God's desires or another person's needs before our own (Luke 10:27).
- One of the benefits of gentleness and self-control is the unity and peace we have with other followers of Jesus. When we choose to be gentle and self-controlled, we are an example and an encouragement to those around us (Ephesians 4:1-3).

STEP 6: Remind kids that God's Word and God's grace will help them discover gentleness and self-control in their lives. Encourage kids to take the handout home and complete it during the week.

STEP 7: Follow up with Lesson Application questions and Sum It Up statements from the Large Group Guide.



Proverbs for Gentleness and Self-Control Handout

Study your assigned Proverb together and then draw or write a situation in which you could use this verse in your life.

Proverbs 25:28

Proverbs 29:11

Proverbs 16:32

Proverbs 17:14

Proverbs 15:1

I can use this when...

SECTION 4.6

Discovery of Gentleness and Self-Control



Main Lesson Activity (10 Minutes)

Option 2: Examples of Gentleness and Self-Control

What You'll Need: Bibles, T&T handbooks, highlighters

(Leader's Note: Larger clubs may divide into smaller groups to complete the activity.)

PREP: Ask two leaders to study one of the following passages: 1 Samuel 24:1-14 or Daniel 1. Ask them to be ready to give a short summary of each of these passages during the lesson

STEP 1: Read or recite this week's memory verse, 1 Timothy 6:11. Repeat the verse a second time, pausing after each phrase.

Share these key concepts:

- We need to flee things that would tempt us to sin.
- We should pursue righteousness or godliness so that we become more like Jesus.
- We should pursue faith and steadfastness so that we grow deeper in our relationship with God and hold firmly to what we believe.
- We should pursue love so that we can love God with all of who we are and can love others above ourselves.
- We should pursue gentleness so that we can treat others as they lovingly deserve to be treated.

STEP 2: Divide the kids into two groups and assign one of the leaders who studied the passages to each group. Ask the leaders to summarize the story with their groups and then help their groups act out the passage.

STEP 3: After five minutes, have the first group act out David's self-control (1 Samuel 24:1-14.)

Share these key concepts:

- Because Saul had disobeyed God, God would not allow anyone from Saul's family to be king.
- God had revealed that David would be the next king.
- Saul at one time cared deeply for David. David played the harp to calm Saul's spirit, David was friends with Saul's son.

- Saul was jealous of David's success and the way the people praised him.
- Saul tried often to kill David.
- David had several opportunities for revenge, but he chose to be gentle and self-controlled and spared Saul's life.

STEP 4: Ask the second group to act out Daniel and his friend's self-control (Daniel 1).

Share these key concepts:

- Daniel and his friends were teenagers when they were taken from their home and forced to live in Babylon.
- The Babylonian leaders wanted Daniel and the other Israelite boys to become trained in the ways of their kingdom. These boys were given wonderful food and were able to live in luxurious surroundings, but their lifestyle was much different than what they grew up with.
- The Babylonian king wanted these young men to forget their old ways and to turn from worshiping the one true God.
- They were offered food that they knew was against what God wanted them to eat.
- The temptation was strong to enjoy the luxury and the good food, but Daniel and his friends chose self-control.
- They were gentle and respectful in their response, but they asked to eat only vegetables and to drink water for 10 days.
- After the 10 days, they were stronger and healthier than the other youth.
- God honored their self-control and their willingness to do what God wanted them to do instead of following what would have been easy.

STEP 5: God wants us to discover self-control and gentleness in our lives.

Share these key concepts:

- A gentle person does not allow people to treat him or her poorly; instead, that person chooses a humble and gentle attitude that does not seek revenge when treated poorly (Matthew 5:43-44).

(Continued on the next page.)

SECTION
4.6

Discovery of Gentleness and Self-Control



Main Lesson Activity Continued (10 Minutes)

- Having self-control means denying what our sinful nature may want to do. Instead, we choose to put God's desires or another person's needs before our own (Luke 10:27).
- One of the benefits of gentleness and self-control is the unity and peace we have with other followers of Jesus. When we choose to be gentle and self-controlled, we are an example and an encouragement to those around us (Ephesian 4:1-3).

STEP 6: Ask kids to think of one area in their lives in which they struggle with gentleness or self-control. Have them turn to Section 4.6 in their handbooks and to find one verse that they can study to help them learn gentleness and self-control. Encourage them to highlight that verse.

STEP 7: Follow up with Lesson Application questions and Sum It Up statements from the Large Group Guide.

Notes:

SECTION

4.7

Discovery of Grace



Introduction Activity (5 Minutes)

Option 1: Fruit Sampler

What You'll Need: Fruit, knife, trays, plastic silverware, napkins, and plates

PREP: Purchase a variety of fruit. Look for different kinds of fruit your kids may not have tried. Wash and prep the fruit to serve on trays during club. Keep in mind that there might be food allergies, so make sure to keep fruit separate.

STEP 1: Encourage kids to try an assortment of fruit.

STEP 2: After they have tried some of the fruit, ask the following questions:

- What are your favorite types of fruit?
- What were some fruits that were new to you?

STEP 3: Share these key concepts:

- Fruit is a byproduct of extra growth in the life of a fruit tree or plant.
- A healthy fruit tree or plant that is growing will automatically produce fruit.
- As we grow in grace in our Christian life, we will automatically produce fruit from the Holy Spirit in our lives.

STEP 4: Transition into the main lesson by opening in prayer, asking the Holy Spirit to help you and your kids understand the importance of discovering God's grace in our lives.

Notes:

SECTION

4.7

Discovery of Grace



Introduction Activity (5 Minutes)

Option 2: Sniff Test

What You'll Need: Vinegar, glass jar or bottle with lid, glass containers with lids, cookies, pizza, cotton ball, perfume, blindfold, tablecloth

PREP: Place vinegar in a glass jar or bottle and close it tightly. Spray a cotton ball with perfume. Place several cookies, a slice of pizza, and the prepared cotton ball in separate glass containers with lids.

Place all the items on a table in front of the room. Cover with a large towel or tablecloth.

STEP 1: Ask for a volunteer who is willing to take a sniff test. Blindfold the volunteer and have him or her stand near the table. One by one, remove the lids of the containers or jar and see if the person can guess the contents inside. As time allows, pass around the containers and let the other kids smell the contents.

STEP 2: Ask the following questions:

- Did any of these scents remind you of something? If so, what?
- How did you feel when you smelled the vinegar? How did you feel when you smelled the cookie or the pizza?
- What was your favorite scent?

STEP 3: Share these key concepts:

- Our sense of smell is closely linked with our memory and emotions.
- A scent can easily trigger a memory or an emotion that we experienced long ago.
- Our lives are like a fragrance. Our attitudes or our actions give off an impression to other people. That's why it's important to make sure we display godly actions and attitudes.

STEP 4: Transition into the main lesson by opening in prayer, asking the Holy Spirit to help you and your kids understand the importance of discovering God's grace in our lives.

Notes:

SECTION

4.7

Discovery of Grace



Main Lesson Activity (10 Minutes)

Option 1: Journey to God's Grace

What You'll Need: Bibles, T&T handbooks, Journey to God's Grace Handout, pens or pencils

(Leader's Note: Larger clubs may divide into smaller groups to complete the activity.)

PREP: Print copies of the Journey to God's Grace Handout, one copy per kid.

STEP 1: Read or recite this week's memory verse, Galatians 5:22-23. Repeat the verse a second time, pausing after each phrase.

Share these key concepts:

- As we discover God's grace and live out His grace in our lives, we will produce godly actions and attitudes.
- The Bible calls those attitudes "fruit."
- This fruit is produced as the Holy Spirit continues to work in our lives.
- The fruit that the Holy Spirit produces in our lives is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.
- Instead of trying to follow a list of rules or laws in our Christian lives, we should strive to grow in our relationship with God so that we produce this fruit in our lives.

STEP 2: Have kids work in pairs or groups, and assign a leader to each group. Give each pair or group a section of the Journey to God's Grace Handout to complete together, and encourage them to use their Bibles and handbooks as a guide. Ask leaders to offer help as needed.

STEP 3: After three minutes, have each pair or group present their answers. Encourage the kids to fill in their handouts as each group presents their information.

Share the following concepts:

- God's grace allows us to produce these attitudes in our lives. We are saved through God's grace in our lives (Ephesians 2:8-9).
- God's grace continues in our lives as we seek to know Jesus better and to be like Him (2 Peter 3:18).

- We can learn how to live out God's grace by spending time with Christians who display God's grace in how they live and act (Romans 1:8-12).
- God has a plan for our lives, and as we study and learn to appreciate God's Word, we will know this plan and be blessed with His abounding grace (Philippians 1:6, Ephesians 3:20-21).
- As we discover and grow in God's grace, we will grow spiritually (2 Peter 3:18).
- As we grow spiritually, we will produce spiritual fruit (Galatians 5:22-23).

STEP 4: Ask kids to look over their handout and to circle one step in which they need to work on. Then encourage them to pray silently, thanking God for His amazing, great grace.

STEP 5: Follow up with Lesson Application questions and Sum It Up statements from the Large Group Guide.

Notes:



Journey to God's Grace Handout

Step One: Accept Jesus as Savior (Ephesians 2:8-9).

Why is this the first step to discovering God's grace?

Step 2: Grow closer to Jesus (2 Peter 3:18).

What was Jesus like when He lived on earth? (Hint: Look through Unit 3 of your handbook!)

How can a kid your age learn more about Jesus?

Step Three: Study God's Word .

God's Word helps us know God's _____ for your life (Jeremiah 29:11).

God's Word helps us know God's _____ for our lives (Proverbs 3:5-6).

Step Four: Hang out with other Christians.

Read Romans 1:11-12. Why did Paul want to see his Christian friends?



SECTION

4.7

Discovery of Grace



Main Lesson Activity (10 Minutes)

Option 2: Growing in Grace

What You'll Need: Bibles, T&T handbooks, 3x5 cards, pens or pencils

(Leader's Note: Larger clubs may divide into smaller groups to complete the activity.)

PREP: Bookmark the following references in a Bible: 2 Peter 3:18, Philippians 1:6, Romans 1:11-12.

STEP 1: Ask, "How does a fruit tree know how to produce fruit?" (Guide kids to see that a healthy, growing fruit tree will automatically produce fruit as a result of its growth.)

STEP 2: : Read or recite this week's memory verse, Galatians 5:22-23. Repeat the verse a second time, pausing after each phrase.

Share these key concepts:

- As we discover God's grace and live out His grace in our lives, we will produce godly actions and attitudes.
- The Bible calls those attitudes "fruit."
- This fruit is the results of us growing in our relationship with God.
- The fruit that the Holy Spirit produces in our lives is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.
- Instead of trying to follow a list of rules or laws in our Christian lives, we should strive to grow in God's grace so that we produce this fruit in our lives.

STEP 3: Ask a volunteer to read 2 Peter 3:18.

Share these key concepts:

- The first step to growing in God's grace is to know Jesus.
- We receive God's grace when we accept Jesus as Savior (Ephesians 2:8-9) and realize how much He loves us.
- God's grace continues in our lives as we grow closer to Jesus. The more we know Him and His love for us, the more our lives will change so that we are like Him and love other people with His love (2 Corinthians 3:18).

STEP 4: Ask a volunteer to read Philippians 1:6.

Share these key concepts:

- As we study God's Word, we will learn who Jesus is and how His love changes us.
- We will learn God's plan for us, and we can be confident in His work in our lives (Philippians 1:6).

STEP 5: Ask a volunteer to read Romans 1:11-12.

Share these key concepts:

- We grow in God's grace when we develop relationships with other Christians.
- We are strengthened and encouraged when we are around other Christians with godly attitudes.
- As we grow in our relationship with God and other believers, God's love shows up in our lives, and we will produce godly results. He will do amazing things through you as you continue to let the world discover God's grace in your life.

STEP 6: Give each kid a 3x5 card and a pen or pencil. Have kids look back through their T&T handbook from Section 4.7 and think about their own life. Encourage them to think of one thing they can do to continue to grow in God's grace. Ask them to write on their sticky note one thing they can do to continue to grow in God's grace. Encourage them to stick their note in Section 4.7 of their handbook.

STEP 7: Follow up with Lesson Application questions and Sum It Up statements from the Large Group Guide.

SECTION

4.8

Discovery of... Review



Introduction Activity (5 Minutes)

Option 1: Farthest from Home

What You'll Need: Nothing

PREP: Nothing

STEP 1: Ask, "What is the farthest you have ever traveled from home?" Use the kids' responses to determine who has traveled the farthest out of the whole group.

STEP 2: After a few moments, ask the following questions:

- What is your favorite part about traveling?
- Where is your favorite place to travel?
- Do you enjoy traveling? Why or why not?

STEP 3: Share these key concepts:

- We are on a journey in our relationship with God.
- The Bible is our map for our journey, and the Holy Spirit is our guide.
- As we grow more like Jesus, our lives will produce spiritual fruit as evidence that we are growing in grace.

STEP 4: Transition into the main lesson by opening in prayer, asking the Holy Spirit to help you and your kids understand the importance of discovering how we can be more like Jesus Christ through God's grace.

Notes:

SECTION

4.8

Discovery of... Review



Introduction Activity (5 Minutes)

Option 2: Perfect Destination

What You'll Need: Easel, whiteboard or pad of paper, markers

PREP: Set up an easel in the front of the room and place the whiteboard or pad of paper on it.

Write on the board or paper: I want to travel to . . .

STEP 1: Encourage kids to take turns writing their answers to the question on the whiteboard or pad of paper.

STEP 2: After a few moments, ask the following questions:

- Why did you pick this location?
- What is the coolest place you have visited?
- What is your favorite part about traveling?

STEP 3: S: Share these key concepts:

- We are on a spiritual journey to become more like Jesus.
- The Bible is our map for our journey, and the Holy Spirit is our guide.
- As we grow more like Jesus, our lives will produce spiritual fruit as evidence that we are growing in grace.

STEP 4: Transition into the main lesson by opening in prayer, asking the Holy Spirit to help you and your kids understand the importance of discovering how we can be more like Jesus Christ through God's grace.

Notes:

SECTION

4.8

Discovery of... Review



Main Lesson Activity (10 Minutes)

Option 1: Network of Grace

What You'll Need: Bibles; Network of Grace Handout, ball of yarn or twine, whiteboard or poster

(Leader's Note: Larger clubs may divide into smaller groups to complete the activity.)

PREP: Print a copy of the Network of Grace Handout. Choose questions to ask during the review activity, or come up with your own. (NOTE: The answers to each question are in parentheses in red text.)

Set up chairs in a circle. Write the following words on the whiteboard: Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, Self-Control.

STEP 1: Give kids one minute to review Unit 4 from their T&T handbook.

STEP 2: After a minute, have kids sit in a circle so that they can see the board in front of the class.

Have a leader help one kid tie the end of the yarn or twine around his or her finger and hold the twine.

Then ask one of the questions from the handout and ask the kid to answer. Give the kid one or two clues, if they are needed. After the kid has answered correctly, have him or her pass the yarn or twine to a different kid, who then wraps the yarn around one of his or her finger and answer the question.

Continue the activity, using the following key concepts as needed to help kids understand a question.

Key concepts:

- When God's love and grace is lived out in our lives, others will see it and they will want to discover God's great love for themselves (Matthew 5:16, John 14:15-16).
- When we trust God, ask God to forgive our sin, and keep His commandments, our lives will be transformed to be more like Jesus. Then we will experience His joy (John 15:10-11).
- Struggles produce patience in our lives, and we pray to God about the struggles we face, we are able to focus on Him and His goodness instead of our problems. His peace guards our hearts and helps us discover God's perfect peace

(Philippians 4:8).

- God created us to do good works that bring Him glory (Ephesians 2:10). As we study God's Word and choose to follow God's plan for us, we will begin to see opportunities in our lives to show kindness and goodness (Galatians 6:10).
- Being faithful is a daily choice to follow God or to do what we want to do. The more we get to know and trust Him, the easier it will be to faithfully follow Him (Psalm 119:105).
- A gentle, self-controlled person chooses a humble and gentle attitude that puts God's desires or another person's needs before his or her own (Luke 10:27).
- We are saved through grace, and God's grace continues in our lives as we seek to know Jesus better and to be like Him by studying God's Word (2 Peter 3:18). We can learn how to live out God's grace by spending time with Christians who display God's grace in how they live and act (Romans 1:8-12).

STEP 3: After seven minutes, point out the intricate web they have made that connects them to one another.

Share these key concepts:

- Your job as a Christian is not to work hard in their own strength to produce a specific fruit. Your job is to grow in your relationship with God.
- When you do so, your life will automatically have with these godly attitudes.
- As you live out your godly attitudes. Your actions will "connect" you with other people.
- God's love and grace will shine through you and He will use you to shine His light to other people.
- They will see these good works in your life, and God will get the glory.

STEP 4: Ask kids to let go of the yarn or twine and then pray silently, asking God to help them to continue to grow in grace by growing closer to Jesus.

STEP 5: Follow up with Lesson Application questions and Sum It Up statements from the Large Group Guide.



Network of Grace

Give an example of a kid your age showing patience.

Answers will vary.

How are we supposed to love God?

With our hearts, souls, minds, and strength; with all of who we are.

How are we supposed to love others?

We are to love them like we love ourselves; we are to put their needs before our own.

How is joy different from a feeling of happiness?

Joy DOES NOT depend on our circumstances; it is based on our relationship with God. Happiness IS based on our present experiences or on the circumstances around us at that time.

Fill in the blank in the following verse:

Psalm 16:11 — *You make known to me the path of life: in Your presence there is fullness of ____JOY____; at Your right hand are pleasures forevermore.*

Name someone from the Bible who displayed kindness.

Jonathan, Good Samaritan, four friends who brought their lame friend to Jesus, Jesus Christ.

Ephesians 2:10 says that God created us to do ____GOOD____ ____WORKS____.

How could someone your age demonstrate faithfulness in his or her life?

By having a relationship with God, by studying God's Word and praying, by trusting in God, by choosing to follow God.

Give a situation in which a kid your age shows self-control:

Answers may vary.

Name one way you can grow in grace.

Studying God's Word, growing closer to Jesus, seeking out relationships with other believers.



SECTION

4.8

Discovery of... Review



Main Lesson Activity (10 Minutes)

Option 2: Spiritual Fruit Reflections

What You'll Need: Bibles, Spiritual Fruit Reflection Handout, handbooks, pens or pencils, markers or colored pencils (Optional: CD and CD player or computer or smartphone; song that focuses on God's grace in their lives. See Step 3 for suggestions.)

(Leader's Note: Larger clubs may divide into smaller groups to complete the activity.)

STEP 1: Remind kids that as we grow in grace, our lives will display godly attitudes through the help of the Holy Spirit, these attitudes are known as the fruits of the Spirit.

STEP 2: Share these key concepts:

- When God's love and grace is lived out in our lives, others will see it and they will want to discover God's great love for themselves (Matthew 5:16, John 14:15-16).
- When we trust God, ask God to forgive our sin, and keep His commandments, our lives will be transformed to be more like Jesus. Then we will experience His joy (John 15:10-11).
- Struggles produce patience in our lives, and we pray to God about the struggles we face, we are able to focus on Him and His goodness instead of our problems. His peace guards our hearts and helps us discover God's perfect peace (Philippians 4:8).
- God created us to do good works that bring Him glory (Ephesians 2:10). As we study God's Word and choose to follow God's plan for us, we will begin to see opportunities in our lives to show kindness and goodness (Galatians 6:10).
- Being faithful is a daily choice to follow God or to do what we want to do. The more we get to know and trust Him, the easier it will be to faithfully follow Him (Psalm 119:105).
- A gentle, self-controlled person chooses a humble and gentle attitude that puts God's desires or another person's needs before his or her own (Luke 10:27).

- We are saved through grace, and God's grace continues in our lives as we seek to know Jesus better and to be like Him by studying God's Word (2 Peter 3:18). We can learn how to live out God's grace by spending time with Christians who display God's grace in how they live and act (Romans 1:8-12).

STEP 3: Pass out a copy of the Personal Reflection handout and a pen or pencil to each kid. Place markers and colored pencils nearby. Give kids five minutes to complete the handout. Encourage kids to use their Bibles or their handouts as they work.

Optional: While the kids are working on their reflections, play a song that focuses on God's grace in their lives, (e.g., "Flawless," "I Will Trust in You," "Surrender," "I Surrender All," etc.).

STEP 4: Share these key concepts:

- Your job as a Christian is not to work hard in their own strength to produce a specific result. Your job is to grow in your relationship with God.
- When you do so, your life will automatically result in these godly attitudes.
- As you live out your godly attitudes your actions will "connect" you with other people.
- God's grace and love will show through you to other people.
- They will see these good works in your life, and think about God's greatness.

STEP 5: Ask kids to pray silently, asking God to help them to continue to grow in grace by growing closer to Jesus.

STEP 6: Follow up with Lesson Application questions and Sum It Up statements from the Large Group Guide.

Spiritual Fruit Reflection Handout



The person to whom I need to show Patience or Peace is ...

One way I can show Kindness and Gentleness is to ...

How can you show love, joy, or faithfulness this week?

- 1.
- 2.
- 3.
- 4.
- 5.

I need to show gentleness and self-control because ...

What is one thing you will do to help you grow in grace so that your life produces these fruits?