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Psalm 90

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What's your vision for a life of lasting significance? When you're sitting on a rocking chair in your eighties thinking back over your life, what will matter?

Psalm 90 – Seeking Refuge in an Everlasting God

**Big Idea:** God is Everlasting. We are quickly fading. Seek refuge from futility in God's gracious favor.

1. God is everlasting.

- God will exist “to everlasting.” Longer than mountains and millennia.
- God has existed “*from* everlasting.” He inhabits timeless eternity (Isaiah 57:15).
- “You are God,” the self-existent, unchangeable “I AM” (Exodus 3:14).

2. We are quickly fading.

- Humanity's mortality. Our years are fleeting fast!
  - Comparison to dust (Genesis 3:17-19)
  - Comparison to grass (Isaiah 40:6-8)
- Humanity's futility. Our short years are plagued with fruitless toil.
  - Our sighing and groaning (Romans 8:18-23)
  - Our toil and trouble (Genesis 3:17-19, Ecclesiastes 2:17-23)
  - We grasp at lasting significance by seeking satisfaction, success, or “the good ole days.”
- Humanity's depravity. Our years end with the stain of sin.
  - Mortality and futility can be traced to the root problem of sin.
  - Sin is a personal problem that each of us will have to account for (Numbers 20:10-13).

3. Seek refuge from futility in God's eternal favor.

God's grace is a refuge from His own wrath.

Moses makes 3 requests from a gracious, everlasting God.

- Teach us wisdom (Psalm 90:12).
  - Replacing indulgence and despair with the art of living for eternity.
  - Be an ant with eyes for eternity (Prov. 6:6-11).
  
- Make us glad (Psalm 90:14-15).
  - This lasting satisfaction is only found in God's steadfast love.
  - This lasting satisfaction awaits us every morning (more than simple joys like coffee).
  - This lasting satisfaction is available in affliction.
  
- Establish our work (Psalm 90:16-17).
  - To be "established" is to be "built on the rock" (Matthew 7:24-27)
  - Not just lasting a generation or two, but built to last on God's timescale.
  - We need God's hands in our work even more than our own.