

Count Your Blessings
Psalm 103

I. HOW to Praise the Lord 1-2

1. Praise Him with _____

2. Praise Him _____ Deut 6:5: Is 29:5

- A _____ filled with the knowledge of God's Word
- A _____ filled with love & affection towards God
- A _____ surrendered to the will of God

3. Praise Him by _____ His blessings Dt 8:10-14

II. Why we should praise the Lord

1. Because of His benefits

1) _____ 3a

2) _____ 3b

Forgiveness is something we receive NOW – healing may come later. We leave our healing up to the timing of _____.

Ultimately there is coming a day when our sin-cursed bodies will be _____ and we will be completely healed (1 Cor 15:51-56).

3) _____ 4a

Calvary not only redeemed our souls from hell but redeemed our lives from _____ and self-_____.

4) _____ and _____ 4b

5) _____ 5a

6) _____ 5b; 2 Cor 4:16-18

2. Because of His character

1) He is _____ (just) 6

God's love is never at the expense of His _____. His love hates what is _____/embraces what is _____.

2) He is not _____ 7

3) He is _____ 8, 11-12, 17

In eternity past God had a plan to redeem fallen man; and there will NEVER be a time in eternity future when His mercy will _____.

4) He is _____ 9

God holds no _____ and harbors no _____.

5) He is _____ 10

6) He is _____ 13-16

7) He is _____ 19; 11:4; 47:2; 115:3

God's throne is fixed in heaven. It is _____ and impenetrable.

III. Who should praise the Lord?

1. Every _____ 1
2. _____ 20-21
3. All _____ 22a

Study Questions:

1. This psalm shows that statements about God's *attributes* correspond with God's *actions* in history. Why is this significant?
2. Why is an eagle a fitting analogy for spiritual renewal? How do we experience such renewal?
3. Go back and read Exodus 34. Consider the surrounding context. How does this context shed light on Psalm 103?
4. How are the characteristics of God revealed in Psalm 103 reflected in Jesus's life and ministry?
5. How should you imitate in your own life and ministry the characteristics of God revealed in Psalm 103?
6. What does this psalm teach us about our weaknesses? How does this impact you?
7. What does this psalm teach us about the permanence of God's love? How does this encourage you?
8. What does this psalm teach us about God's sovereignty? What are the implications of his sovereignty for your life?¹

November 2024			
Week 1 Starting November 4	Week 2 Starting November 11	Week 3 Starting November 18	Week 4 Starting November 25
Day 1: Matthew 14	Day 1: Matthew 18	Day 1: Matthew 22	Day 1: Matthew 26
Day 2: Matthew 15	Day 2: Matthew 19	Day 2: Matthew 23	Day 2: Matthew 27
Day 3: Matthew 16	Day 3: Matthew 20	Day 3: Matthew 24	Day 3: Matthew 128
Day 4: Matthew 17	Day 4: Matthew 21	Day 4: Matthew 25	Day 4: Mark 1
Day 5: John 5:19-24	Day 5: John 5:30-47	Day 5: John 6:22-40	Day 5: John 6:60-71
¹ Paul, an apostle of Christ Jesus by the will of God, To God's holy people in Ephesus, the faithful in Christ Jesus: ² Grace and peace to you from God our Father and the Lord Jesus Christ. ³ Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ. ⁴ For he chose us in him before the creation of the world to be holy and blameless in his sight. In love ⁵ he predestined us for adoption to sonship through Jesus Christ, in accordance with his pleasure and will— ⁶ to the praise of his glorious grace, which he has freely given us in the One he loves.			
Eph 1:1-6 (NIV)			

¹ Daniel L. Akin, Johnny M. Hunt, and Tony Merida, [Exalting Jesus in Psalms 101–150](#), ed. David Platt, Daniel L. Akin, and Tony Merida, Christ-Centered Exposition (Nashville, TN: Holman Reference, 2021), 37.